



Cocoa Island

SÃO TOMÉ E PRÍNCIPE

Photo by I. Fornasiero



9 days

29 January - 06 February 2027

English speaking tour leader



The 'unforgettable' of the trip:

- The **Tchiloli**, or 'The Tragedy of the Marquis of Mantua', a form of street theatre
- The **rocas**, ancient farms that hold masterpieces of Portuguese colonial architecture
- **Cocoa plantations**, where the finest chocolate of the continent comes from
- The **primeval forest** dotted with volcanic peaks, such as **Pico Cao Grande**
- The **Equator marker** on Las Rolas Island, located towards the 'centre of the world'.
- The **Southern beaches**, from Praia Piscina to Praia Café
- The encounter with **pilot whales** and **sea turtles**



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The aroma of coffee and cocoa invades the streets of this archipelago-state suspended in the Atlantic Ocean, where the Portuguese colonial imprint is still present in the architecture of the towns and rocas, and the gentle paths through plantations and lush primary forest dotted with volcanic peaks, waterfalls and lakes end at magnificent palm-fringed beaches.

Itinerary

Day 1 : Friday 29 January 2027

Outward flight/Sao Tomé (TMS)

Day 2 : Saturday 30 January 2027

Sao Tomé

The Portuguese colonial vestiges of the capital and participation in the Tchiloli.

Day 3 : Sunday 31 January 2027

Sao Tomé/Trinidad/Neves

The coffee museum, the botanical gardens of Bom Sucesso, the Sao Nicolau waterfall and chocolate tasting at Coral.

Day 4 : Monday 01 February 2027

Neves/Guadalupe/Neves

The plantations of the roca Diogo Vaz, meeting pilot whales and swimming in Lagoa Azul.

Day 5 : Tuesday 02 February 2027

Neves/Praia Inhame

The rocas Boa Entrada and Agosthino Neto, the ilheu Santana and a view of Pico Caio Grande.

Day 6 : Wednesday 03 February 2027

Praia Inhame/Las Rolas/Praia Inhame

The equator marker and the beautiful Praia Café.

Day 7 : Thursday 04 February 2027

Praia Inhame/Praia Piscina/Praia Inhame

The beaches of Praia Piscina and Praia Jalé, and the night turtle watching excursion.

Day 8 : Friday 05 February 2027

Praia Inhame/Sao Tomé

The natural spectacle of Boca do Inferno and the Agua Itzé rock.

Day 9 : Saturday 06 February 2027

Sao Tomé (TMS)/Return Flight

Price from
1,790 €/pax

Min 3/max 16 pax
Tour leader from 6 pax

Please contact us at info@kanaga-at.com to receive the full itinerary



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